



4-H Project Record

Name of 4-H Project: _____ Number of Years in Project: _____

(A list of available 4-H projects is on the back of the 4-H County Awards Self-Nomination Form.)

This page is to be filled out for each 4-H project in which you are enrolled for this 4-H year. The purpose of this page offers you the opportunity to plan ahead for what you want to learn, and then reflect upon what was learned and how you feel it helped you grow.

Pre-Project Planning

1a. What new ideas/skills/experiences do I want to learn, try and/or discover about this project this year? These are my project goals.

1b. Who can help me learn what I want to know? Where can I find more information about what I want to know? (List 2 – 3 specific sources)

1c. I am enrolled as a Youth Leader in this project. ___ Yes ___ No

If yes: This is what I plan to accomplish as a Youth Leader this year.

During the Year

2. What did you do in your 4-H project this year? (List everything you did for this project this year.)

Post-Project Reflection

3. What did you learn in your 4-H project this year? (Be specific about the knowledge and skills you have gained)

4. How will you use what you learned this year in your 4-H project in the future?

5. What educational 4-H or non-4-H activities, classes, workshops, tours, practices or competitions did you attend this year, related to this project area? Can include club, county, school, regional or state-wide events. (Do not include fair or public exhibits)

| <i>Activity Attended</i> | <i>Topic</i> | <i>Location</i> | <i>Month</i> |
|--------------------------|--------------|-----------------|--------------|
|--------------------------|--------------|-----------------|--------------|

6. Fair or public exhibits in this project (Example: county or state fair, district show, club tours, etc.)

| <i>Item Exhibited</i> | <i>Location Exhibited</i> | <i>Placing</i> | <i>Month</i> |
|-----------------------|---------------------------|----------------|--------------|
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7. Demonstrations I gave at 4-H project or club meetings or at the county level related to this project

| <i>Topic</i> | <i>Location Given</i> | <i>Date</i> |
|--------------|-----------------------|-------------|
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