

Mask Up Green County

Community Toolkit

Resources to help promote mask
wearing in Green County.



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- The appendix has great flyers, don't miss it!

What is "Mask Up Green County"?

Mask Up Green County is an initiative started by Green County Public Health, and actualized by Green County community stakeholders. This campaign began from anecdotal realizations that there has been little mask wearing happening in Green County. Community leaders began to voice their concerns of this phenomenon. The phrasing "Mask Up" has been used during the COVID-19 pandemic by other states, counties, and cities in the United States to encourage mask wearing. The Mask Up Green County campaign is focused on three actions:

- **Provide education** on the importance of mask wearing.
- **Encourage mask wearing** around other people.
- **Make masks accessible** to residents.

Why Should You Participate?

We need you! The Mask Up Green County campaign requires the partnership of interdisciplinary community stakeholders. In order to educate about masks, encourage mask wearing, and provide access to masks a team effort is needed on multiple fronts. This effort will require various mediums of communication, connections to community members, your innovative ideas, and commitment to the community. By participating in this campaign you will be helping make Green County a safe and healthy place to live and work. Let's work together and get through this pandemic together. If you're ready to join us, keep reading!

How to Participate in "Mask Up Green County"

Thank you for partnering with Green County Public Health to "Mask Up Green County"! This initiative would not be possible without your help, and we encourage you to participate in whichever capacity you're able to.

- Set an Example
 - Make sure you "Mask Up" whenever you're in a public place around people not from your home.
- Create a Policy
 - Develop a mask wearing policy for your organization. This policy can be broad and adapted to best suite your needs.
- Post on Social Media
 - Utilize the social media templates included in the Social Media Toolkit.
 - Additionally, make your own posts promoting mask wearing.
- Use Hashtag #MaskUpGreenCounty
 - Post pictures of yourself, your family, and those in your organization wearing masks and use the hashtag #MaskUpGreenCounty on social media.
- Post In Real Life
 - Print out flyers from the Mask Up Green County Community Toolkit and hang them in your office, your businesses, and other spaces you can.
- Help Others Mask Up
 - Make sure your family, friends, co-workers, employees, and clients have a mask and encourage them to wear it.
 - If they don't have a mask, utilize the toolkit to help them make, buy, or receive a donated mask.
- Donate
 - Consider donating to a local organization working to provide masks to the community or to their employees.
 - Donate masks, time, or money!
- Utilize Resources
 - Do you have access to additional resources that may help promote mask wearing, education, or access to masks in Green County? Reach out and we can work together on spreading the message.

Make the Most of this Toolkit

This toolkit includes several resources that can be used to help educate on mask wearing, promote mask wearing, and where/how to get masks! We encourage you to get creative with these resources, but below are some ideas for how you might want to utilize them:

- Detailed Informational Flyers
 - Hang in common spaces where people have time to read them.
 - Distribute them to employees, colleagues, or members.
- Statement Flyers
 - Post in windows/doors/entrances of your establishment.
 - Hang them in spaces they will be easily and often seen.
- Mask Access Resources
 - Provide to employees, colleagues, or members.
 - Utilize if someone you know reaches out to you.
 - Request a mask donation for your business or organization.
- Social Media Templates
 - Share pre-made and pre-written posts on your business or organization social media page.
 - Share pre-made and pre-written posts on your personal social media account.
 - Use these templates as ideas to create your own social media posts.
- Other Ideas
 - Share this toolkit with others.
 - Become familiar with this information so you can quickly and easily help others.

Making a Mask

There are several resources available to help individuals make their own mask, or make masks for others!

Whether a person wants to sew their mask or make a mask out of an old t-shirt there are several tutorials to help people do so. Click on the item to go to the tutorial.

No Sew Masks

- [Bandanna Mask Print Out](#)
- [T-Shirt Mask Print Out](#)
- [Bandanna Mask Video](#)
- [T-Shirt Mask Video](#)

Sewing Masks

- [Mask Pattern](#)
- [Mask Instructions](#)
- [Mask Video](#)

Where to Get a Mask

- Free Masks
 - Million Masks Monroe
 - Free masks for businesses and organizations.
 - Sewn cloth face coverings.
 - A Mask for Every American
 - Requires and email address and street address.
 - Free mask from an athletic wear company.
- Masks for Purchase
 - Locally
 - Main Street Monroe Farmers Market
 - Rubees Soaps
 - Retailers
 - Walmart
 - 300 6th Ave W, Monroe, WI 53566
 - Online
 - Online retailers are selling masks.
 - USA Today - 55 Online Retailers Selling Masks

**Are you or is someone you know making or selling masks? Let us know! We'll continue to add to this resource list and send it out to partners as it's updated.

Additional Resources

- Implementing a Mask Policy
 - [Creating a Coronavirus Mask Policy](#)
- Wearing a Mask
 - [Considerations for Wearing Cloth Face Coverings](#)
 - [CDC Recommendations for Cloth Face Coverings](#)
 - [Should I wear a mask?](#)
- Mask Cleanliness
 - [How to Wash a Cloth Face Mask](#)

Contact Information:

Bridget Craker, Public Health Educator

- (608)328-9509

- bcraker@greencountywi.org

Green County Public Health

- (608)328-9390

- info@greencountywi.org



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Appendix

- Informational Flyers
 - We Need Your Help (Involvement)
 - Cloth Face Coverings: What You Need to Know
 - How to Wear a Mask
 - Stop the Spread
 - Mask Safety
- Statement Flyers
 - Masks Welcome Here
 - Masks Sold Here
 - Don't Forget to Mask Up Green County
 - Remember to Mask Up Green County
 - Remember to Mask Up Green County (2)
 - Your Mask Protects Others, Their Mask Protects You

We Need Your Help!

Let's Mask Up, Green County

Partner with the Green County Public Health Department to help us launch **Mask Up Green County!**

Mask Up Green County is an initiative started by the Green County Public Health Department in partnership with community stakeholders, and we are hoping to work with you!

Contact us if you're interested in:

- Helping educate on the importance of mask wearing
- Promoting mask wearing
- Making masks accessible to community members
- Or, if you're selling or donating masks!

Call (608)328-9509 or email bcraker@greencountywi.org



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Cloth Face Coverings: What You Need to Know

Why Wear a Cloth Face Covering?

Cloth face coverings help keep those around you from becoming contaminated with coronavirus. When others wear face coverings, they're helping prevent transmission to you. Face coverings are also useful in helping someone avoid directly touching their mouth or nose.

How to Wear a Cloth Face Covering

Cloth face coverings should - fit snugly yet comfortably around the sides of the face, be secured with ties or ear loops, include multiple layers of fabric, allow for breathing without restriction, be able to be laundered and machine dried without damage.

Should Cloth Face Coverings be Washed?

Yes, they should be routinely washed depending on frequency of use. A washing machine is sufficient in washing a cloth face covering.

How to Safely Remove a Cloth Face Covering

Be careful not to touch your eyes, mouth, or nose when removing your face covering and wash your hands immediately after removal.

How to Protect Yourself From COVID-19

Stay home as often as you can and limit travel to only essential trips. When you do have to go in to public, practice social distancing, wear a mask, and use good hand hygiene. Make sure to wash your hands or use hand sanitizer often.



How to Wear a Mask



1. Wash your hands or use hand sanitizer.
2. Secure your mask around your ears or head.
3. Ensure your mask is covering your nose and mouth.
4. Ensure your mask fits snug against your face.
5. Avoid touching your mask while wearing it.
6. When Removing Your Mask:
 - a. Grab the ear loops or strings.
 - b. Pull the mask away from your face.
 - c. Avoid touching the inside or outside of the mask.
7. Wash your hands well or use hand sanitizer after removing your mask.

Stop the Spread

Wearing a mask is one of the best ways to prevent the spread of COVID-19. The mask prevents particles from an infected person from being transmitted to others.

COVID-19 Carrier



**Highest
Risk**

**Higher
Risk**

**Lower
Risk**

**Lowest
Risk**

Others



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Mask Safety



- Do not wear a soiled or visibly dirty mask.
- Do not wear a mask while exercising or swimming.
- Do not share face masks with other people.
- Avoid touching your mask while you're wearing it.
- People who should avoid wearing a mask:
 - Children under the age of 2.
 - People who have asthma or other breathing complications.
 - People with any medical conditions that are hindered by wearing a mask.

Masks

Welcomed

Here

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Masks



Sold

Here

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**Don't forget
to Mask Up,
Green
County!**

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Green County



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Remember to Mask Up Green County



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Remember
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Your Mask
Protects Others
—Their Mask—
Protects You

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