

FOOD PREP CLASS WEDNESDAY, JUNE 16, 2021 DAIRY SMOOT

A free educational cooking program to help home cooks learn tips and practices on preparing healthy food.

THIS 35 MINUTE CLASS WILL COVER:

- 2-3 recipe demonstrations
- how to prepare smoothies and the equipment you'll need
- recipes will be shared so you can make on your own in the future
- discussion on healthy choices

WHEN:: Wednesday, June 16, 2021

10:00am - 35 minutes long

REGISTER: Scan QR code to register or click

the link:

https://tinyurl.com/ dairysmoothie

a confirmation email with information about joining the

After registering, you will receive session.

An AA/EEO employer, University of Wisconsin-Madison provides equal opportunities in employment and programming, including Title VI, Title IX and ADA requirements. Requests for reasonable accommodations for disabilities or limitations should be made one week prior to the start of the series for which it is needed by calling 608-333-4803. FoodWise is funded by the USDA Supplemental Nutrition Assistance Program -SNAP and the Expanded Food and Nutrition Education Program – EFNEP.

FOR ADDITIONAL **INFORMATION:**

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