



Do you know what to do when concerned about someone's mental or emotional well-being?

COMET™ Community Training, Thursday March 2nd from 3:30-5:00pm

In the training, you will...

- Learn a natural way to talk with a friend, a neighbor, or an acquaintance about difficult topics.
- Learn a conversational guide and the importance of being “the other person.”
- Practice the COMET intervention questions and plan how you will use COMET in everyday conversations.

Training Location: Monticello Public Library, 512 Lake Ave, Monticello, WI

To Register: Call (608)328-9440, or use the QR Code below:



Extension
UNIVERSITY OF WISCONSIN-MADISON
GREEN COUNTY

An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.

COMET™ recognizes our rural values of neighbor helping neighbor, and communities being their own best resource – especially when concerned about another's emotional and mental well-being.

Please join us and register today, class limited to 20 participants!

