

GUPPY (Green County United Prevention Professionals for Youth)

Mission: To provide awareness and support youth in our community

Vision: A community coming together to empower youth through promotion of healthy relationships and positive behaviors

Minutes

December 4th 2023, 2:30-4:00pm

Green County Justice Center – Multipurpose Room

In Attendance: Jess, Hazel, Val, Bridget M, Jamie P, Mary, Jaime B, Katie, Alicia, Skylar, Lisa, Jami C., Bibianna

Treasurer's Report- Val: Balance is \$924.81

Subcommittees: Mentoring, LAUNCH, Website-Katie: GUPPY chose 3 areas of focus for subcommittees for 2024. Please join a group if you have not already. Groups are active through your participation.

1. **Mentoring** – Katie shared that the group wants to find ways to create mentoring opportunities in Green Co. Mary will join the group.

2. **LAUNCH-** Members are Lisa, Bridget Z. and Jaime B. If GUPPY has a project in mind, LAUNCH could do reach and/or implement it. A Mental Health Fair will be on Dec. 15th at MHS that is entirely organized by students.

3. **Website** - Val and Skylar on this group. Shared that Big Radio has a community calendar. Group is discussing adding to that or creating something new. The Green County page offers volunteering as well.

School & community awareness of Delta 8- Jaime: Brief discussion on Delta-8. Group expressed interest in learning more about Delta-8 and the impact on youth. Jaime & Alicia will present on Delta-8 at the next GUPPY meeting on Jan. 8th.

YRBS Data Trends Presentation- Jess & Kathy: Youth Risk Behavior Survey shared including trend data & high-risk subgroups. Some schools do the Core assessment of YRBS only, some only high school & not middle school. Discussion on the best way for all schools to obtain data that is most consistent county-wide. Might GUPPY want to lead up YRBS? The schools represented gave feedback that every school makes decisions according to their districts, some guidance counselors are involved in some districts. Suggested GUPPY would not be best to lead this, would need to be school admin, principals, etc. See attachment of YRBS Presentation.

Intentional Networking:

Mary – FAITH Addiction Awareness – anytime schools are looking at prevention events or speaker & in need of funding, please contact Mary.

Hazel - B-CHIP Community Health Improvement Project - Belleville School District is hosting an event in January around mental health

Bridget – Is facilitating safe TALK, an evidenced-based, strengths-based training & could do a training for GUPPY if interested.

Jami C. – Sources of Strength Training in Monticello. Barrier– training falls over lunch. Needs funding for food.

Schedule 2024 Meetings: Monday, Jan. 8 2:30-4pm – Justice Center