

# Fish Food For Thought



Green County United Prevention  
Professionals for Youth, Inc.

GUPPY (Green County United Prevention Professionals for Youth)

**Mission:** To provide awareness and support youth in our community

**Vision:** A community coming together to empower youth through promotion of healthy relationships and positive behaviors

Monday, Jan. 8th 2024, 2:30-4:00pm

Green County Justice Center – Multipurpose Room

## Minutes

1. Treasurer's Report- Val
  - GUPPY has \$818.24 in the account. Last purchase was used for snacks for the meetings
2. Subcommittee Conversations: Mentoring, LAUNCH, Website
  - We will use 15 minutes of each GUPPY meeting to break out into these subcommittee groups to develop a plan for each of these areas and what we will do. The information will then get reported out as a whole.
3. Delta-8 Presentation - Jaime B., Alicia & Bridget Z.
  - Some highlights: Delta-8 is not regulated. Negative symptoms have developed which have resulted in hospitalization for some. This is found in Green County. See attachment for more details!
4. Intentional Networking:
  - Strengthening Families and Systems. This is a great training for EVERYONE...especially those working with youth. RSVP information is on the flyer.
  - SafeTalk Workshop is coming up on January 26<sup>th</sup>. RSVP information is on the Flyer
  - LAUNCH recently did a summit that went extremely well! Lots of great feedback.
  - Public Health recently presented to the LAUNCH program for mental health/social media and they will start working together! Meeting again soon to hash out the details
  - FAITH may also start working with LAUNCH in the near future!
  - WisHope is a facility in Brodhead that is now open for substance use/mental health services

5. Schedule 2024 Meeting Days: First Monday of every Month 2:30-4pm  
(No Meetings June, July or August)

- Feb. 5<sup>th</sup>-Bridget M will present, March 4<sup>th</sup>, April 1<sup>st</sup>, May 6<sup>th</sup>, Sept. 9<sup>th</sup> (Second Monday due to Labor Day), Oct. 7<sup>th</sup>, Nov. 4<sup>th</sup>, Dec. 2<sup>nd</sup>

*What service that Green County offers would you like to learn more about? Is there a service that you would like to see in Green County but not sure if one exists? Reach out, there might be something!*