

Community Events Update – April 1, 2024

BIENVENIDO

April 1-May 6, 5:30-7:30 - [Bienvenido](#) – Mental health education and support program for Spanish-speaking immigrants – Monday nights Monroe Union Presbyterian Church - [Register here](#)



April 15-May 20 - SLEEP Education for Everyone – Join us for a brief lunch and learn program about how and why changing our habits to improve sleep, and support for changing habits, 6 Mondays for 30 minutes each – [Register here](#)



April 9th and 10th, [Crisis Intervention Partner Training](#) - Darlington, WI – for those who partner with law enforcement to respond to mental health crises – St Johns Monroe



April 12 & 13 (Friday-Saturday) - [ASIST \(Applied Suicide Intervention Skills Training\)](#) – Call Alexis at Better Brodhead 608-897-9081 or email aspeth@betterbrodhead.org.

April 20 - [Healthy Kids Day](#) at the Green County YMCA 9:00am-12:00pm – [Día del Niño](#) at the Brodhead High School 1:00-4:00pm



May 13 – 18 - Third Annual Mental Health Awareness Week Events through Village Youth in Monroe. Family Night, Music, Trivia, Fitness Event, a Walk and more. To view full list of events, visit tinyurl.com/VillageMH2024



May 14 5:30-7:00 – QPR suicide prevention training through Village Youth in Monroe – see [Village Youth events list](#)



May 17, 9:00-3:30 – Primeros Auxilios para Salud Mental (Mental Health First Aid) – call Bridget Mouchon 608-328-9517 (se habla español)

May 31, 9:00-3:00 – Mental Health First Aid for Youth –In person, Monroe – [register](#)



Sat. May 18th 11:00am-2:00pm - [Take Flight for Mental Health](#) Community event - Brodhead



May 30, 2024 – Southwestern Wisconsin Mental Health and Wellness Summit – Southwest Technical College – [register here!](#)

June 5 - Feria de Salud, Twining Park, Monroe

FOR MORE INFORMATION:

- <https://southwestern.wi.networkofcare.org/mh/events.aspx>
- <https://www.facebook.com/MHMGreenCo>
- <https://www.greencohcc.org/mhm>

