

G.U.P.P.Y



Green County United Prevention Professionals for Youth

GUPPY (Green County United Prevention Professionals for Youth)

Mission: To provide awareness and support youth in our community

Vision: A community coming together to empower youth through promotion of healthy relationships and positive behaviors

Meeting Information

Monday, April 1st 2024, 2:30-4:00pm

Green County Justice Center – Multipurpose Room

Minutes

1. Treasurer's Report: **\$778.74**-nothing spent since our last meeting. Val is no longer able to attend GUPPY meetings regularly but can continue her role as treasurer through Public Health
2. Presentation on Big Brothers Big Sisters of Green County – Kirsten Boll
 - BBBS offers three programs.
 1. Community Based: An adult, mentors a child/youth between the ages of 6-14 years old in the community. They are encouraged to do free activities such as going to parks, cooking together, fishing, board games, hiking, etc. Their longest match was 12 years. Graduating a match can be when they either turn 18 or no longer want to be in the program.
 2. Lunch Buddy: An adult volunteer will go into the elementary school to meet once a week a student for lunch and recess. They are allowed to see the child after school as well if they are interested. This usually stops by middle school per the child's request. There are 32 community and lunch buddy matches currently
 3. School Based Mentoring: Monroe, Albany, Juda and New Glarus participate in this. High School kids go to the elementary school during the school year to support and encourage kids. There are about 150 school-based mentoring matches currently
 - **BBBS currently has a wait list of 20 kids.** Pre-Covid they made about 12 matches a year, last year they made 5 matches. They are in need of more Bigs. **See attachment for more details on how to become a Big!** Main points: Background check, interview with reference checks, online or one-on-one training to ensure safety and a successful match. Generally the time commitment is 4-8 hours a month.
 - BBBS holds three main fundraisers a year. General time lines for those are February with a wine event, End of April with a Bowling event, and August with a Tuur de Cheese Bike ride. There are less than 15 BBBS programs in WI currently.
3. Subcommittee Conversations & Reporting Out - All
 - Mentoring: Jen will reach out to Kirsten to talk more about how to utilize BBBS more
 - LAUNCH – Video by Behavioral Health LAUNCH Student project,

“High School Student Mental Health in the Age of Social Media”- Kids made a tik tok to promote positive social media use. Mary will be doing a LAUNCH project next.

- Website-There will be a new online Family Resource Center coming out that we may be able to utilize to promote activities for kids. Table this for now.

4. Intentional Networking:

- Jamie and Bridget presented to Green County EMS on Delta 8 on 4/1/24.
- Alicia and Bridget presented on Delta 8 to Monticello students which prompted good discussions. Kids don't see a difference between Delta 8 and marijuana
- April 2nd from 11-2 is Green County Public Health's Open House
- May 18th is Take Flight for Mental Health at the Brodhead Airport
- June 5th is the Latino Health Fair at Twining Park
- Better Brodhead is looking at doing a Health Fair in August

Schedule 2024 Meeting Days: First Monday of every Month 2:30-4pm
(No Meetings June, July or August)

May 6th

Sept. 9th (Second Monday due to Labor Day)

Oct. 7th

Nov. 4th

Dec. 2nd